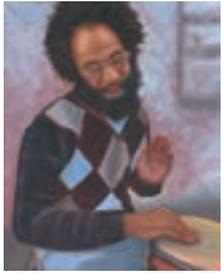


# MUSIC IN MIND

## January 18-19, 2019

First Presbyterian Church is pleased to announce that it will be hosting **Music in Mind**, an exciting two day event on Friday, January 18th and Saturday, January 19, 2019.



Friday evening's events take place during the regularly scheduled Gallery Hop, which features the exhibit *Music in Mind*, an exploration of wellness through the arts. "The exhibit," says curator Kathy Rees Johnson, "serves as an illumination of music in our lives and all the ways that it stimulates, influences, engages, and inspires us." *Bradley* (left) by Kasandra McNeil, is one of the 35 pieces of art featured in the exhibit.

Also taking place Friday evening are two performances by the Sentimental Journey Parkinson Chorus, under the direction of Laura Cahoon (right). Sentimental Journey consists of eight individuals who come together each week to make music. The group is a mix of those with Parkinson's disease as well as their care partners. Each week, they participate in activities to improve range of motion, breath support, and vocal range. The group also sings and performs a variety of songs, some of which have been written by a member of the chorus. They have performed these songs at several locations around Lexington. Laura Cahoon has a degree in oboe performance and is a certified Music Therapist. She is currently pursuing a Master's Degree in Music Therapy at UK. The performances will be at 5:30 and 7:00 pm in the Chapel.



Friday from 6:00-7:00 pm, there will be an improvised duo performance by jazz pianist Raleigh Daily and whimsical visual artist Dawna Scripps (left). An associate professor of Jazz Studies at UK, Dailey currently teaches courses in jazz piano, jazz improvisation, and small and large ensembles. Under his direction, the Jazz Ensemble, Lab Band, and Jazz Combos have performed nationally at various jazz festivals, including the International Jazz Education Network conference. Dawna is a visual artist working primarily in acrylics on canvas and with repurposed, "upcycled" items. In August, 2013, Dawna

participated in the Lexington Cityscapes Great Paint-Out, where she won the People's Choice award. Her work can be seen at *The Artists' Attic*.

Saturday morning, January 19th, at 10:30, **Music in Mind** will feature keynote speaker Melissa Rehm (right), President of the Parkinson's International Foundation, Inc. (PIFI). PIFI is a non-profit organization run by volunteers sharing the vision of local and global awareness, education and advocacy, and empowering those with the disease to lead richer, fuller lives. Following Rehm's talk, a panel discussion featuring visual artists, musicians, and music therapists led by Jason Akhtarekhavari will embark on an interdisciplinary exploration of the many ways in which music can impact health and wellness. The discussion will conclude at 12:30, and will be followed by a juice and fruit reception.



**Music in Mind** is funded in part by a Community Art Grant by LexArts, and is produced by CREATE, a grassroots organization based in Lexington whose mission is to expand, promote, and raise awareness of the many ways the arts positively impact health and wellness.